



## PSHE & Citizenship

### Curriculum Overview

#### Aims and Objectives

Personal, social, and health education (PSHE) and citizenship enable students to become healthy, independent and responsible members of society. Students are encouraged to play a positive role in contributing to the life of the school and the wider community. In so doing they develop their sense of self worth. Integral to our programme is the teaching of rights and responsibilities and for students to learn to appreciate what it means to be a positive member of a diverse multicultural society.

The aims of personal, social and health education and citizenship are to enable the students to:

- know and understand what constitutes a healthy lifestyle;
- be aware of safety issues;
- understand what makes for good relationships with others;
- have respect for others;
- be independent and responsible members of the school community;
- be positive and active members of a democratic society;
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
- develop good relationships with other members of the school and the wider community.